

# Spring

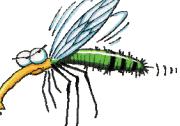


This garden sensory tub is a fun and cheap way for your child to be creative and learn!



A new way to decorate eggs this year. Such a cute idea and you can get some sensory play at the same time!

**Don't forget your bug spray and sunscreen!**



 Like us on Facebook

<https://www.facebook.com/rvcdswvbtt/>



 WV Birth to Three

2017 Spring  
Quarterly

Region 3

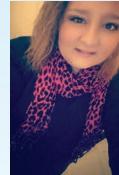
1701 5th Ave Box 14  
Charleston WV 25312  
(304)414-4460

Parent Partner

Amber Huffman

(304) 414-4460

ahuffman@rvcds.org



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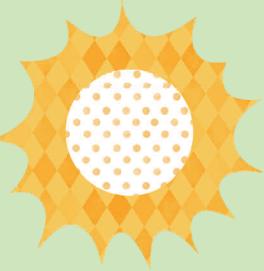
## Region III

- March 11—Spring Twice Blessed Kids' Consignment Sale at Christ Church United Methodist from 8:00 am—3:00 pm 1221 Quarrier Street Charleston ,WV 25301
- April 1— WV Reptile Expo at West Virginia State University from 10am-4pm KIDS FREE!
- April 4 and 5— 2017 WVCAN Conference at Embassy Suites of Charleston 300 Court St. Charleston ,WV 25301 . Register now to get your tickets.
- April 8—Youth Fishing Rodeo FREE at Coonskin Park from 10-11:45 am. Register at [www.coonskinfishing.com](http://www.coonskinfishing.com)
- May 6— Discover Forks of Coal Day at Forks of Coal State Natural Area Foundation from 9:00am—5:00pm.

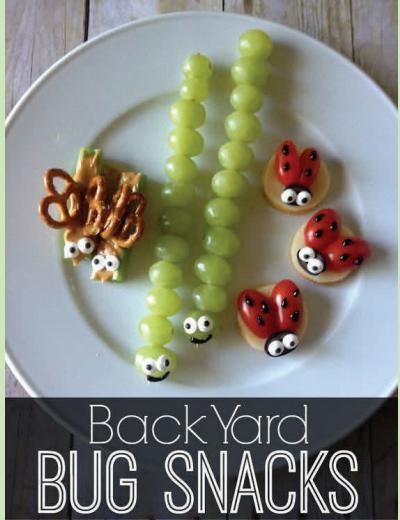
## Region IV

- March 11— Guts and Glory Mountain Challenge at Huntington High School from 3:00—6:00 pm
- March 18— 58th Annual Pancake Festival at 610 28th St. Huntington, WV 25702 from 7:00 am—7:00pm
- March 31—2017 Mountaineer Stampede Rodeo at Winfield WV Riding Club at 3pm 5449 State Route 34 Winfield, WV 25213
- April 28-2017 14th Annual Huntington Empty Bowls from 10:30 am to 2:30 pm 1015 5th Ave Huntington, WV
- April 30— Walk MS at Ritter Park : 1571 Ritter Park Dr. Huntington, WV 25701 from 1:00 to 4:00 pm
- June 16 — Disney's Beauty and the Beast at Greater Huntington Park and Recreation District 210 11th St. Huntington, WV 25701 from 7:00— 10:00 pm.

# Bugs Bugs Bugs



## Healthy Snacks your kids will love!



### BackYard BUG SNACKS

Snails, caterpillars, ladybugs and butterflies! Who wouldn't want to eat them. These cute snacks are made with fruits and vegetables!



Fruit & Chocolate  
**LADYBUGS**



Lady berries!  
1 pack of strawberries  
1 package/bar of chocolate  
1 package of blueberries



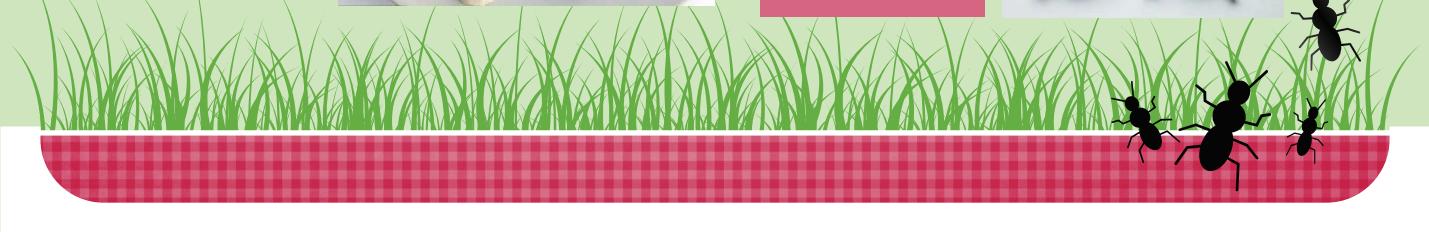
Ladybugs made of Apples?  
1 pack of apples  
1 pack of raisins  
1 bag of pretzel sticks



### Fruity Butterflies

These butterflies are made of various fruits including strawberries, bananas, and black berries. The antennae and bodies are made of almonds.

Yummy Spiders!  
1 pack of Ritz Crackers  
1 tub/block of cream cheese or peanut butter  
1 pack of raisins  
1 bag of pretzels  
These make a great appetizing snack!



# Be Prepared!

## Instructions:

- \*Clean out an empty #10 can
- \*Stuff it full of the items from the contents list
- \*Use cute scrapbook paper to cover the outside of the can
- \*Wrap a strip of ribbon around bottom and top of can
- \*Tape a circle of matching scrapbook paper onto the lid
- \*Print out labels with a contents list and title for the top



Not only is it good to be prepared for your children, but having general emergency kits for your home/car will also help be prepared for emergencies.

It is always good to be prepared for an emergency when you have children. Here are some ideas of what to have on hand ready to grab instead of scrambling. The faster the better!

## New Baby Essentials

*the little extra things  
that every new mom should  
(from a pediatrician!)*



# All About WV Birth to Three

**WV Birth to Three is a statewide system of resources and supports for children under age three who have a delay in their development, or may be at risk of having a delay, and their family. The Department of Health and Human Resources, through the Bureau for Public Health and the Office of Maternal, Child and Family Health, WV Birth to Three, as the lead agency for Part C of the Individuals with Disabilities Education Act (IDEA), assures that family centered, community based services are available to all eligible children and families. These services are funded in part by the Individuals with Disabilities Education Act (IDEA), Part C, through the U.S. Department of Education and the West Virginia Department of Health and Human Resources (the state's lead agency responsible for implementation), Bureau for Public Health, Office of Maternal, Child and Family, Health, in cooperation with the West Virginia Early Intervention Interagency Coordinating Council.**

## How do I make a referral?

To refer a child to the WV Birth to Three system in-state, complete the WVBT Referral Form and forward to the office that services the child's location. You may also call 1-866-321-4728



## Who is eligible?

An infant or toddler under the age of three can either have a delay in one or more areas of their development, or be at risk of possibly having delays in the future. A child may have delays in one or more of the following areas:

Cognitive - thinking and learning

Physical - moving, seeing and hearing

Social/emotional - feeling, coping, getting along with others

Adaptive - doing things for him/herself

Communication - understanding and communicating with others

A child may have risk factors such as:

A condition which is typically associated with a developmental delay such as Down Syndrome; or

A combination of biological and other risk factors. Some of these factors may include family stressors.

## Region III

Serving Clay, Jackson, Kanawha, and Roane Counties

To make a referral call:

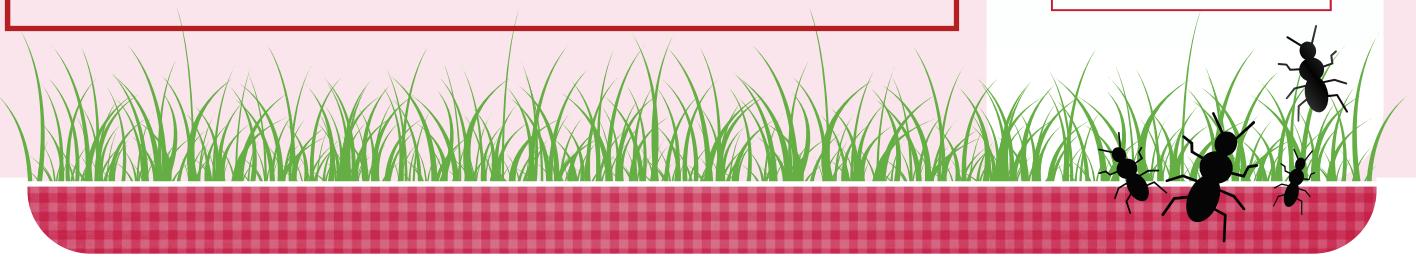
(304)414-4460

## Region IV

Serving Boone, Cabell, Lincoln, Logan, Mason, Mingo, Putnam, and Wayne Counties

To make a referral call:

(304) 523-5556



# A Parent's Story



When our daughter was 17 months old she was not yet walking or standing independently and had very few words. Our pediatrician recommended that we contact the Birth to 3 program. Within a day we had our first meeting set-up. We were immediately impressed by how accommodating and flexible the therapists and care coordinators were. They met us at our offices, Starbucks, daycare, and home. Throughout our time in the program, each therapist has cared for our daughter like she was their own.

After being fitted with insoles, and a few months of physical therapy, our daughter started walking independently and has been on the go ever since. It is such a thrill to see her run down the hall after her big brother, and to hear her giggle as she attempts to bounce on the trampoline or walk on the balance beam at gymnastics. Her faces lights up with a grin every time she accomplishes something new.

Her communication and receptive language skills have also increased tremendously over the last six months. She now uses several signs and responds quickly when she is given a task to complete. She points to things that interest her and loves sharing her favorite pictures in her books. She engages in elaborate pretend play and interacts well with her peers.

Each of her therapists – physical, developmental, and speech – arrive at our home each appointment with new ideas to try out with her. They readily adapt the activities to meet her interests, and give us innovative suggestions to try out with her at home. They have helped us tackle her fears. When she became afraid of the bath, our therapist suggested putting her in a laundry basket in the tub, and it worked like a charm. When one therapist noticed her interest in dogs, she brought us a little book with dogs and activities to go with it. Our physical therapist suggested gymnastics, and our daughter loves somersaulting and playing around at the gym.

We have told so many people that Birth to Three is one the most amazing programs that West Virginia has to offer. We are so grateful for Birth to Three and the dedication of everyone in the program. We look forward to continue watching our daughter make strides as she completes her last year in the program.



Meet two year old Della.

A huge thank you to the WV Birth to Three team for all the support and time dedicated to this precious girl!

Blaire Malkin

Della's Mom

**We would love to see your WV Birth to Three Story!**

If you are interested in sharing your WV Birth to Three story please contact Parent Partner Amber Huffman at (304)414-4460 or email ahuffman@rvcds.org

# The Importance of Storytime

One of the most precious gifts a parent can give to their children is the love of reading books. Storytime is a great way to introduce the magic of books to children. Did you know your newborn baby benefits from you reading to him/her? Even though newborns do not understand the intricacies of the language, they will enjoy the rhythm of the words and the precious bonding time. As your child gets older, there will be more interaction with the stories read. Here are some the benefits of reading to your child.

## Reading.....

- Stimulates Imagination
- Promotes Abstract and Critical Thinking
  - Impacts Knowledge
  - Sparks Creativity
- Introduces Good Habits
- Brings Word and Sound Awareness



## Learn about story times at your local libraries at :

Kanawha County

<http://kanawhalibrary.org/>

Cabell County

<http://cabell.lib.wv.us/>

Clay County

<http://clay.lib.wv.us/>

Putnam

<http://putnam.lib.wv.us/>

Boone County

<http://bcpl.org/>

Roane County

<http://roanecountylibrary.org/>    <http://jackson.park.lib.wv.us/>

# How can I assist you?



"Please know that as the parent partner, I have seen the parent's side of Birth to Three. My goal is to provide families with support and information that they need to succeed from the services Birth to Three provides."

-Amber Huffman

## RAU III Parent Partner

As the parent partner I am here to provide families with:

- Helpful resources
- Support
- Transition with services after your child turns three.
- Give the information needed to make referrals
- Information on child development
- Information on community resources that will personally benefit each family

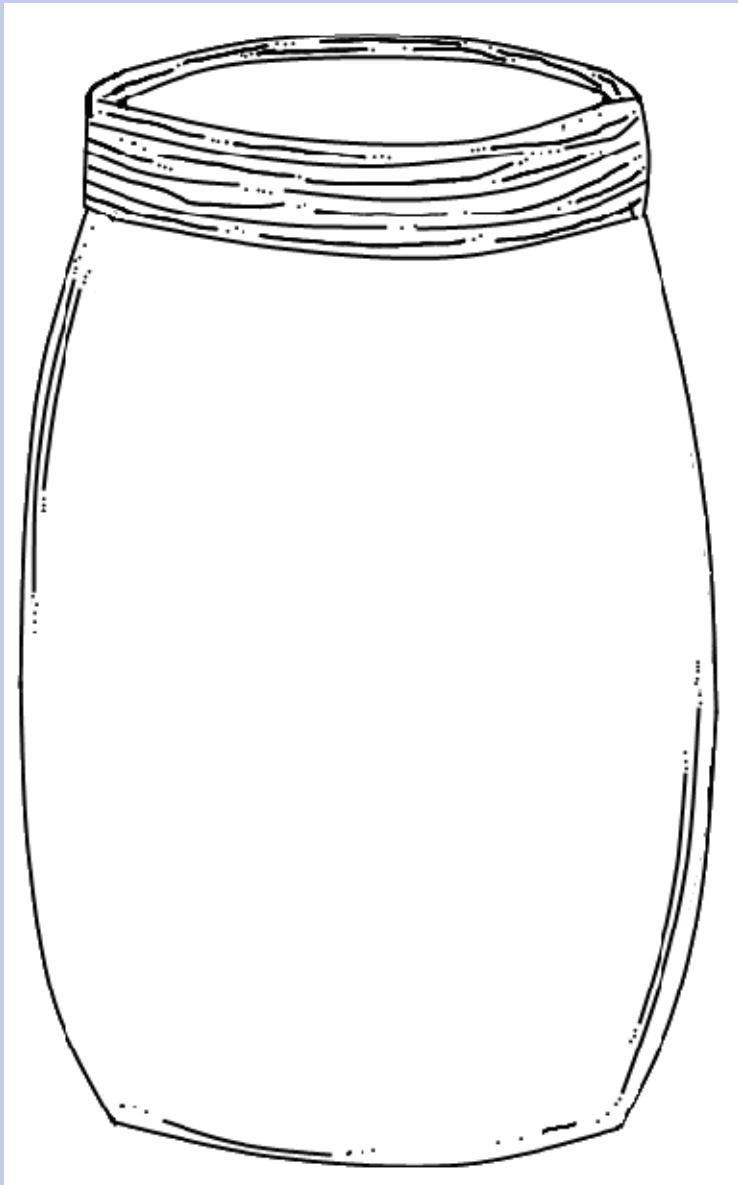


WV Birth to Three, RAU IV is seeking a full-time Parent Partner.

More information is available at [www.rvcds.org](http://www.rvcds.org)

My name is Amber Huffman and I am the Parent Partner for RAU III. I am going to share a little bit about me as I have been in your shoes with the WV Birth to Three system. I am a foster/adoptive parent and I have many experiences with River Valley Child Development Services. Within two years, our family gained eight little feet. Through our two years of fostering, I have developed into a different person. While many of my children went through Birth to Three, one of my children was severely delayed in most areas. She is currently still in the program, we have weekly coaching visits with various team members. The most important advice that I could give to any parent is to never give up on a child. Everybody has their rough days, but for a child that is developmentally delayed it means so much more. I look at how strong my kids have been and all that they have gone through, and for them to continue life smiling is such a blessing to me. Every child and their past is unique, but when you build the foundation for their future it will show what they are capable of. Could we have done it on our own? No. But we have had such a great support system in our journey and that is vitally important. With many services including occupational therapists, physical therapists, nutritionists, developmental specialists, speech therapists, and so much more, we have more than benefited from the WV Birth to Three system. Children develop at their own pace and sometimes need a little assistance taking the next step. In closing, I wish all WV Birth to Three parents strength and continuous love in their beautiful journey of WV Birth to Three. It is great to be a part of. I will try my best to answer any questions that you may have. If I cannot answer your question right away, I will try my best to find the answer. I look forward to working with you and your beautiful families. Feel free to contact me at: (304)-414-4460 (office), 1-(844)-885-0618 (toll free), or email [ahuffman@rvcds.org](mailto:ahuffman@rvcds.org).

# Kids Only



What is in your jar?

This is your time to use your mind, what type of bugs do you want in your jar?

Oh No! It is raining outside. What do you wear in rainy weather?

