

BTT Bits

Fall Issue

2017

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WV Birth to Three: J.J.'s Story

Meet JJ. He had a rough start in life, he was born a surviving twin at 33 weeks and was in the NICU a little over a month. We knew while he was in the NICU about his PVL, therefore he was referred to BTT and began weeks after being home. He was later diagnosed with Cerebral Palsy and Cortical Visual Impairment, so the future is still left unknown to us of what he can and can't do.

But he has an AMAZING BTT team of a Physical Therapist, Occupational Therapist, Developmental Specialist, Vision Specialist, Speech Pathologist, and of course his Ongoing Service Coordinator. He has made such progress (slow but steady) and we couldn't have done it without them. They have been such an amazing support group and a huge asset to his development.

WV Birth to Three
 RAU 2
 912 Market St.
 Parkersburg, WV
 26101
 Phone: 304-485-2000
 Toll Free: 866-401-8919
 Fax: 304-865-2072
 Email:
 birthto3@thearcmov.org

Is your child moving, hearing, seeing, learning, talking like others their age? Our services are offered at no cost to families. If you have any questions contact our office at 304-485-2000 or 1-866-401-8919

Thank You, Families, for your Assistance

As children transition from WV Birth to Three when they reach their third birthday, the state WV Birth to Three office, sends a survey for families to complete. It is important the survey be completed and returned. Your feedback is very important to us. Each survey is carefully reviewed in order to ensure the best quality services are provided for children and their families. Thank you in advance for your time and assistance.

Prevention is the Best Medicine

Your child doesn't need to feel sick to see the doctor. The best time to go is before there is a health issue. Your child's doctor wants to make sure your child is healthy and doing well. The doctor will look at your child from head to toe, checking for health problems you may not know about. The doctor also will see if your child is growing and developing like other children their age.

Each visit will include a complete physical exam, checking your child's growth, development, vision, hearing, and teeth, giving shots as needed, ordering labs as needed, and answering any questions you may have. This will help your doctor find any health problems before they become serious and get to know your child so they can take better care of him or her.

You should always call your doctor or set up a visit anytime your child has:

- Trouble sleeping
- Behavior that's troubling or different than usual
- Fever of 103 or higher
- Rashes or skin infections
- Frequent sore throats
- Trouble breathing
- Gained or lost a lot of weight



Usual schedule for checkups:

1 month	12 months
2 months	15 months
4 months	18 months
6 months	24 months
9 months	3 yrs-20 yrs (one every year)

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www.aetnabetterhealth.com/westvirginia

Upcoming Events

Doddridge

Doddridge County Public Library story time

November 16 & 30 from 10:30 am-11:30 am.

Gilmer

Birth Start is for children ages birth through four years old. This time includes a snack, story, center exploration, and an activities. This program is held at the Gilmer County Elementary School the third Fridays of the month from 9:30 am-11 am

Harrison

Tuesday is for Toddlers is held at Meadowbrook Mall Bridgeport, WV every Tuesday morning from 11am until Noon

Bridgeport Public Library Story time are Fridays at 10:30 am for children under the age of three.

Clarksburg/ Harrison Public Library Reading buddies Storytime are Wednesdays at 10:30 am.

Santa's Arrival at Meadowbrook Mall is November 19 from noon- 2p.m Free plush toy for the first 100 children. Everyone will receive a free treat from Chick-Fil-A. Then enjoy a holiday puppet show at 1 p.m.

Pleasants

Pleasants County Public Library Story time are every 2nd, 4th, and 5th Fridays from 11:30-Noon for ages Birth to Three.

Ritchie

Ritchie County Public Library (Harrisville) Story time are Tuesdays through December 19 at 10:30 am.

Wirt

Dora B. Woodyard Library Story time are Mondays at 10:30 am for toddlers and preschoolers.

Wirt County Movie Night held at the Wirt County Primary Center from 5-7 p.m. Light refreshments will be available.

Wood

Toddler Tuesday is held at Grand Central Mall in Parkersburg, WV the 2nd Tuesdays of every month at 11 a.m.

Parkersburg and Wood County Public Library Play Café Storytime every Friday from 10-11 am for ages birth to five years of age.

Vienna Public Library (STORYTIME SESSIONS)
Toddlers: Tuesdays @ 10:30 Babies: Wednesdays @ 11
Pre-K/ Kids: Fridays @10:30

Toys R Us

Geoffrey Birthday Club Go to website or in the Toys R Us store to sign up: <https://rewardsrus.toysrus.com/gbc>

Every year, Club members receive:

- ★ **Birthday Card & Gift from Geoffrey**
Check the mail! Your child will get a special birthday card and a gift from Geoffrey every year, until he or she turns 10!
- ★ **Birthday Phone Call from Geoffrey**
Surprise your child by opting in to receive a birthday greeting from everyone's favorite giraffe, Geoffrey!
- ★ **Extra-Special In-Store Recognition**
Bring your birthday child into the store to receive a birthday crown, Geoffrey balloon and a personalized announcement broadcast to the entire store!
- ★ **LEGO Giveaway**
Your child will receive a coupon via email for a FREE LEGO toy! Just one more way to celebrate your child's birthday—the Toys®Us way!



From Feelings to Friendship

The bond between a parent and child builds the child's ability to form relationships with others, express emotions, and face difficult challenges. When adults are caring and show affection, young children thrive as they feel safe and protected. This is when children can explore their world, develop empathy, and understand the difference between right and wrong with the self-confidence that originates from nurturing early relationships.

What can you do as a parent to develop this strong bond with your child?

Show You Care:

- ⇒ Comfort her when she is upset
- ⇒ Sing and talk to him when he is in your arms

Observe Your Baby

- ⇒ What does he like and dislike
- ⇒ What calms her



How To Strengthen Your Bond With Your Baby

Establish a Routine

- ⇒ Bed time routine that might start with dinner, followed by reading a book, singing a song, and then being tucked into bed.
- ⇒ Talk him through routines so he knows what is coming. "Let's get your shoes so we can go outside."

Help Your Child Develop Self-Confidence

- ⇒ Allow him to express his feelings
- ⇒ Allow her to solve problems with your help, instead of solving problems for her!

Adapted from Zero to Three, 2016. *Magic of everyday moments: From feelings to friendships*. Retrieved from <https://www.zerotothree.org/resources/30-from-feelings-to-friendships-nurturing-healthy-social-emotional-development-in-the-early-years>.

THE DAILY BUCKET LIST FOR A ONE-YEAR-OLD	
<input type="checkbox"/> play peek-a-boo	<input type="checkbox"/> play catch with a ball
<input type="checkbox"/> read books	<input type="checkbox"/> finger paint
<input type="checkbox"/> organize toys	<input type="checkbox"/> HAVE A DANCE PARTY
<input type="checkbox"/> BLOW BUBBLES	<input type="checkbox"/> sign up for a class
<input type="checkbox"/> sidewalk chalk	<input type="checkbox"/> play with stuffed animals
<input type="checkbox"/> build a fort	<input type="checkbox"/> go to the library
<input type="checkbox"/> PLAY WITH STICKERS	<input type="checkbox"/> go on a play date
<input type="checkbox"/> SING A SONG	<input type="checkbox"/> make cookies
<input type="checkbox"/> PICNIC IN THE PARK	<input type="checkbox"/> GO FOR A WALK
<input type="checkbox"/> color	<input type="checkbox"/> go swimming
make every day, the best day! WWW.TODATHEBESTDAY.COM	

Risk Factor's for Hearing Loss

Information provided by WV Early Childhood Transition Steering Committee

- ◆ Family member concerned about child's hearing, speech, language, and/or development.
- ◆ Baby was in a nursery intensive care unit for 3 days or more, or was given oxygen for 10 days or more
- ◆ Baby had unusual ear, head, or neck formation.
- ◆ Baby had birth weight of less than 3.3 pounds
- ◆ Family History of Hearing Loss
- ◆ Baby had severe jaundice and an exchange blood transfusion was recommended

Typical Listening, Speech, and Language Development Milestones:

0-4 Months	Startles to loud sounds. Quiets to the sound of a familiar voice.
4-6 Months	Turns toward or looks for a familiar or new sound. Likes rattles and objects that make sound.
6-12 Months	Turns or looks up when called by name. Imitates sounds and pitches. Understands the meaning of simple words and phrases, such as "no" and "bye bye." Uses voice to get attention
12- 18 Months	Uses 4-5 words by 18 months. Points to at least one body part when asked. Understands one-step directions, such as "Get me your diaper," or "Close the door."
18-24 Months	Uses 10-15 words and puts 2 words together by age 2 years. Points to familiar objects when you name them.
24-36 Months	Uses 200 words by age 3. Listens to radio or TV at the same loudness as other people. Hears when called from another room. Uses 2-3 word sentences. Strangers can understand most of your child's speech.

Ages and Stages of Play: Part 2- Wooden Blocks



According to the website below, the best wooden blocks are made of hard wood, so they won't chip, dent, or splinter. But make sure you supervise your child's block play so they do not hurt themselves or others, by trying to throw them or hitting others/ objects around them. Research shows that children spend more time exploring objects and focusing on complex tasks when playing with a parent than when playing alone.

Information Provided by: <http://www.parents.com/toddlers-preschoolers/development/growth/ages-and-stages-of-play/>

Fun Block Play Milestones:

6 Months: Babies love gnawing on blocks, but they may also swat at or even hold one.

12 Months: He discovers he can make noise by banging two blocks together. He'll also have a blast knocking over any architectural masterpiece you construct.

18 Months: Let the stacking begin! Your toddler can balance two or three blocks on top of each other.

2 Years: His structures are taller, and his coordination is better. He can competently stack four to seven blocks. He can also sort blocks into piles by color and may even pretend that a block is something else, like a car or a boat.

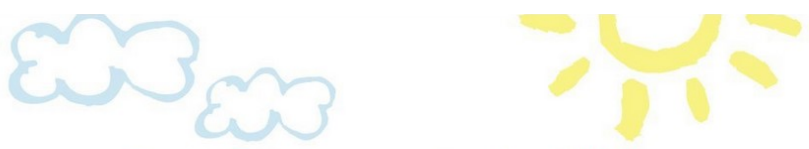
3 Years: More building fun -- your little one now creates structures that resemble real-world landmarks such as forts, bridges, and tunnels.

THE ARC OF THE MID OHIO VALLEY
WVBTT REGION II RAU
912 MARKET STREET
PARKERSBURG, WV 26101

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Call- 1-304-485-2000 or
1-866-401-8919
www.wvdhhr.org/birth23



EARLY EXPERIENCES LAST A LIFETIME

Check Out Our Facebook Page
WV Birth to Three has created a Facebook page for friends and families. This Facebook page keeps you posted on events, pictures, and other important information to your child's development. If you have a Facebook account, you can look up WV Birth to Three, Region 2 or <https://www.facebook.com/WVBirthToThreeRegion2>