

# Infant Mental Health Week Webinars Hosted by the West Virginia Infant/Toddler Mental Health Association

#### All webinars will be from 12 noon – 1:30 p.m 1.5 Contact Hours of WV STARS

#### Monday, October 24

#### **Spreading HOPE**

The HOPE (Healthy Outcomes from Positive Experiences) training will cover the effects of ACEs on health outcomes, the importance of positive childhood experiences, and the research showing their mitigating effects on ACEs as well as the biologic basis for these effects. The four building blocks of HOPE will be introduced along with a discussion of type I vs. type 2 thinking. The presentation will present some ideas of how to incorporate the HOPE Framework into practice with children and families. This training meets the WV Child Care Credential requirement for the 1.5 hour "Spreading Hope" training.

Presenter: Linda Reeves, MS, MA, LSW, CTT, IMH-E® (I, II), Behavior Consultant, Child Care Resource Center

To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZ0ode6vrj0sGdybdLyuzKxzj6XQbaJDTx2b

#### Tuesday, October 25

### The Early Signs of Autism

Approximately one in 44 children are currently being diagnosed with Autism Spectrum Disorders (ASD). For many children, the early signs of Autism are present and observable before 18 months of age. This training will assist early childhood professionals to recognize early indicators, or "red flags", of Autism in young children and sharing tips on how to share concerns with families and connect them with important and evidence-based information and resources. (The webinar will be one hour followed by a half hour of reflective discussion.)

Presenter: Cindy LeGrand, ASHA certified, SLP, Board Certified Behavior Analyst, West Virginia Birth to Three

To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZcrdOCsqD0tGdS1gN9NqUNSan12N4U\_NNtT

#### Wednesday, October 26

## Moving Families From Surviving to Thriving – Part 1

Many of us feel like we are just surviving the day, week, and month. For too many families, this is a way of life. How can we help families not only survive but thrive? This workshop examines the traditional deficit approach to working with families and introduces a strengths-based approach that supports families to transform into a thriving mode. Key elements of the Strengthening Families<sup>TM</sup> Protective Factors Framework are shared. Participants are encouraged to consider how they can use this strengths-based approach to working with families and children. Additional opportunities to learn about the Strengthening Families<sup>TM</sup> Protective Factors Framework are made known. (The webinar will be one hour followed by a half hour of reflective discussion.)

Presenters: Maureen Hollocker, National Training Director, Children's Trust Fund Alliance and LaCrisha Rose, Parent Partnership Associate, Children's Trust Fund Alliance and Facilitator of the WV Circle of Parents Network

To register, please copy and paste the link below into your internet browser. https://us06web.zoom.us/meeting/register/tZ0kd-morDouGNC-\_dtNhb9ODpBrbTiLwvfD

#### Thursday, October 27

## Moving Families From Surviving to Thriving – Part 2

Many of us feel like we are just surviving the day, week, and month. For too many families, this is a way of life. How can we help families not only survive but thrive? This workshop examines the traditional deficit approach to working with families and introduces a strengths-based approach that supports families to transform into a thriving mode. Key elements of the Strengthening Families<sup>TM</sup> Protective Factors Framework are shared. Participants are encouraged to consider how they can use this strengths-based approach to working with families and children. Additional opportunities to learn about the Strengthening Families<sup>TM</sup> Protective Factors Framework are made known. (The webinar will be one hour followed by a half hour of reflective discussion.)

Presenters: Maureen Hollocker, National Training Director, Children's Trust Fund Alliance and LaCrisha Rose, Parent Partnership Associate, Children's Trust Fund Alliance and Facilitator of the WV Circle of Parents Network

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#### Friday, October 28

#### A Time of Self-Care

Set aside the hour that you would have spent on a webinar and do something for yourself. Talk a walk, read a book, or catch up with an old friend. Do something that brings you joy.