



Pass it on...

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Spending time outdoors in natural environments is so engaging and enriching for infants and toddlers. Outside, children are free to explore, be curious, make noise, and to problem solve. All of this supports brain and body development .

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West Virginia Infant/Toddler
Mental Health Association
Supporting the social and emotional well-being of children

If you are looking for resources, visit here
www.nurturingwvbabies.org