



Infant Mental Health Week Webinars  
Hosted by the West Virginia Infant/Toddler Mental Health Association

**All webinars will be from 12 noon – 1:30 p.m.  
(except for Friday which will be from 12 noon – 2 p.m.)  
1.5 Contact Hours of WV STARS per session**

<p><b>Monday, October 16</b></p>	<p><b>My Attachment, Your Attachment: Exploring How Caregiver Attachment Classification Affects Infant Attachment</b></p> <p>In the session, we will review (briefly) attachment styles. We will explore how personal factors affect attachment. Specifically, we will explore how trauma impacts caregivers' attachment style, and how that may impact attachment between caregiver and child. We will also review ways that caregivers can heal from insecure attachment classifications to improve their own attachment with their children.</p> <p><i>Presenter: Dr. Amy Kennedy Root, Professor, Child Development and Family Studies, West Virginia University, Morgantown, WV</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p><a href="https://us06web.zoom.us/join/9tZVdO6orD0jHffMxEDOTpFRC-4Kexmh88TO">https://us06web.zoom.us/join/9tZVdO6orD0jHffMxEDOTpFRC-4Kexmh88TO</a></p> </div>
<p><b>Tuesday, October 17</b></p>	<p><b>Recent Research Findings on Executive Functioning, Attachment, and Resilience (Part 1)</b></p> <p>This session will provide a summary of recent research findings on the development of executive functioning in young children, how attachment impacts its development, and how each contribute to resilience.</p> <p><i>Presenter: Dr. Chris Wing, CCC, SLP, I've Got Two Wings, Saint Paul, MN</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p><a href="https://us06web.zoom.us/join/9tZ0qcuirqzMtHN1dinRCVJgYa3jM8QlpFWoB">https://us06web.zoom.us/join/9tZ0qcuirqzMtHN1dinRCVJgYa3jM8QlpFWoB</a></p> </div>
<p><b>Wednesday, October 18</b></p>	<p><b>Recent Research Findings on Executive Functioning, Attachment, and Resilience (Part 2)</b></p> <p>This session will continue a description and discussion of the relationship between executive functioning, attachment, and resilience, focusing on the implications for work with young children and families.</p> <p><i>Presenter: Dr. Chris Wing, CCC, SLP, I've Got Two Wings, Saint Paul, MN</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p><a href="https://us06web.zoom.us/join/9tZwsdu6rqz4tEtTcL5qdCUvROJEynDIViMZI">https://us06web.zoom.us/join/9tZwsdu6rqz4tEtTcL5qdCUvROJEynDIViMZI</a></p> </div>

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<p><b>Thursday, October 19</b></p>	<p><b>Prepare, Respond, Support: Adding the Social Emotional Response to Emergency Preparedness</b></p> <p>This interactive session offers a framework in thinking through emergency preparedness plans in a developmentally appropriate and trauma informed context to further the social emotional development of infants and young children. Participants will gain an understanding of why relationships are key to supporting emotional regulation before, during, and after emergencies; types of responses children and adults may have during an emergency; how to support young children during emergency drills; how to communicate and reassure children and families during and after emergencies; how to recognize stress and trauma responses; and the importance of self and community care after emergencies.</p> <p><i>Presenters: Sheila Zickefoose, IMH-E®, Statewide ICC Coordinator and Charla Blosser, Developmental Specialist, West Virginia Birth to Three, WV</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p><a href="https://us06web.zoom.us/j/7Zltd-qvrD8iH9Xzr-aSSJ47d_FXQ_UhJAx2">https://us06web.zoom.us/j/7Zltd-qvrD8iH9Xzr-aSSJ47d_FXQ_UhJAx2</a></p> </div>
<p><b>Friday, October 20</b></p>	<p><b>Conversations About Loss: Tilling the Soil for Self and Others</b>  <b>**Please note this session is 2 hours long (12 noon – 2 p.m.)</b></p> <p>As a provider in any realm, each of us experience an invisible burden to care for, uplift, and sometimes, emotionally “carry” others – to till other’s soil. This position, while certainly honorable and necessary, isn’t without its consequences. This session will highlight potential scenarios that providers may face, particularly within the context of loss. Through examination of micro- and macro-perspectives, the presenter will describe the potential impact of tilling other’s soil, as well as make the case for self-preservation. The presenter will offer practical, grief-informed tools throughout the session. * <b>2 hours of Social Work CEUs pending</b></p> <p><i>Presenter: Dr. Mekel Harris, Harris Psychological Services, LLC, Bartlett, TN</i></p> <div> <p>To register, please copy and paste the link below into your internet browser.</p> <p><a href="https://us06web.zoom.us/j/7ZEtcO2rqDMpGd0RHacPfNZ7twcUM28D4AkD">https://us06web.zoom.us/j/7ZEtcO2rqDMpGd0RHacPfNZ7twcUM28D4AkD</a></p> </div>