

Physical Therapy Report
ABC Physical Therapy
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Anytown, WV 12345
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**WV Birth to Three
Evaluation/Assessment Summary Report
Revised – August – 2021**

Child Full Name (MI): Ariel Moon Walker Date of Birth: 3/4/2019

Chronological Age: 28 months Adjusted Age: Not appropriate

Evaluation Date: 7/15/2021

(if applicable)

Parent(s) Name: Samantha Walker Parent(s) Name: Derek Walker

Mailing Address: 101 Star Lane, Anytown, WV Mailing Address: Same

Contact Number: 2345 Contact Number: 304-111-2222

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Email Address: sw@ymail.com Email Address: dw@ymail.com

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Location of Evaluation/Assessment Activities: At the Walker home

Individuals Present and Participating (Relationship to Child): Samantha and Derek, Ariel's parents

Evaluators: Madison White, MSPT

Assessment Tool Used: Peabody Motor Scales - 2

Purpose:

☒ To gather information to determine eligibility for WV Birth to Three and plan for Individualized Family Service Plan.

☐ Initial ☒ Annual

☐ To provide additional information to the IFSP Team regarding the following area of concern:

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Parent Reported Priorities and Concerns Regarding Child's Development

Ariel is very social and happy. Her parents feel that motor skills and movement are her strengths. They are still concerned with her overall development. They are mainly concerned with her speech and cognition/fine motor skills at this time. Ariel currently receives physical therapy, special instruction, and

speech therapy with WV Birth to Three to address her parent's concerns.

Family Information

Derek works outside of the home as a CPA and Samantha stays home with the kids. Ariel has an older brother Tristen (4 years old) who received WV Birth to Three services when he was younger. The Walkers have a very strong support system of family and friends and are connected to a church family that has proven to be essential to them when they are discouraged or feeling low. Samantha has taken advantage of a mommy and me group in her community and is always looking for ways to find fun things to do. Due to the pandemic, the family has been out less and is very careful to insure the children are safe. Samantha reported the family was thrilled to go on a vacation this year.

Developmental History

Ariel continues to make steady progress. Following intervention, torticollis has resolved. Ariel began to walk just before her second birthday and has really progressed with her strength and speed. She continues to have a scattering of developmental skills due to vision issues that impact her development.

Medical History/Current Health Status

Ariel was born at 37 weeks when Mom's water broke, and she was delivered by C-section. She weighed 5 pounds 6 ounces. She reported that Ariel seemed to always stay in the same position during her pregnancy. She had issues with slow weight gain and bilirubin was elevated so she stayed a few extra days. MRI discovered decreased brain mass and other abnormalities. She was diagnosed with infantile spasms and was treated with a high dose steroid. EEG found improved brain activity but showed abnormal seizure tendencies. In the month of July, Ariel was evaluated by neuro and genetics at Cincinnati Children's. EEG showed increased activity on the left hemisphere and mild slowing in the background. When the blood work came back in October, it was discovered that Ariel has a 1p36 microdeletion, a condition that carries many associated issues and explains Ariel's extensive medical issues.

Ariel has had two eye surgeries. The first in summer of 2019 on both eyes, and then January 2020 to correct the right eye again. She's had no seizure activity in a year and will have an EEG in May to re-check activity. She does continue to be followed with Nephrology and Cardiology to monitor her. She will also have her hearing tested regularly.

Current medications: She is currently taking Keppra twice a day and a daily vitamin/probiotic.

Vision/Hearing Information

Vision concerns are present. She currently receives vision services through WV Birth to Three. And is followed by the WVU Eye Institute.

Ariel passed the newborn hearing screening. She has her hearing screened every six months to monitor her hearing.

Observation and Assessment Results

Motor:

ROM: Full arm/leg motion

TONE: low-normal especially in trunk, affects balance

REFLEXES: complete/intact

Other: Wears SMO type orthotic (Chipmunk) to help position her foot in neutral

Stationary: Ariel easily moves in and out of sitting positions. She can maintain balance as she reaches for toys. She was able to play in kneeling and rise to stand by pushing up with hands. She is not yet standing on one leg skillfully. Averages 20-22 months with skills.

Locomotion: Ariel is able to walk independently all over on level surfaces. She will trip occasionally, especially when outside on uneven surfaces. She is able to take a few steps sideways and backwards. She can push up into standing from the floor and will walk up/down stairs with one hand held. She will also creep up stairs but not yet creeping down. She is not yet climbing up onto furniture or getting on/off of a riding toy. She has just started to walk quickly, showing an emerging run. She is working on bouncing on her trampoline but not yet jumping up skillfully. Averages 18-20 months with skills.

Object manipulation: Ariel was able to grasp a ball that was rolled to her. She will roll a ball back and forth in a turn taking games. She will fling toys sideways, but isn't throwing forward with accuracy (due to vision issues). She is able to bump-kick into a large ball and will lift her foot to make contact. Averages 18-20 months with skills.

Communication: Observation and parent report

Ariel is showing a better understanding of many words during her daily routine. At times, she will babble during play. Recently, she's been saying "more" and "yeah" in response to questions. She does get frustrated when she can't express her wants/needs. Communication is a main area of concern for her parents.

Cognitive: Observation and parent report

Ariel shows interest in toys that light up and make sound. She is grabbing toys with both hands and is isolating her index finger to push buttons. She has recently shown interest in her baby doll and will comfort and care for it. She is starting to work puzzles and stack blocks with assistance. Her vision issues have affected this domain as well.

Social Emotional: Observation and parent report

Ariel has good eye contact and enjoys social interactions by smiling and laughing. She has a good bond with her family and will give hugs and kisses. She plays well with adults, but tends to parallel play around other children. She does not have functional speech to interact with her peers.

Adaptive: Observation and parent report

Ariel is now eating a large variety of foods. She will use a spoon for scooping yogurt and soft cereal into her mouth. She uses a sippy cup with no assistance and is working on straws and open cups. She uses a mixed pincer/rake grasp to pick up food. She still naps typically twice a day. She is not yet potty training and needs help to manage her constipation issues. When changing clothes, she will help by lifting her arms/legs to push through the holes.

Child Development is Impacting Their Participation

in the Family's Everyday Routines and Activities in the Following Ways

Moving through her environment- Ariel still needs some support to walk up and down stairs, over a variety of

Surfaces or to navigate the playground. Ariel loves going to the playground with her brother, so this is important to the family.

Feeding- Ariel is eating a variety of foods and can scoop soft sticky food, family would like to see her eat more foods with a spoon and try a fork. Parents would like to learn more about potty training a child with Ariel's diagnosis.

Play- Ariel is just beginning to enjoy playing with puzzles, blocks, turning pages of a book, ect. Parents would really like to begin working on skills she will need to be successful in preschool.

Play with others- Ariel has limited speech sounds and is demonstrating some frustration when her parents cannot understand her. Improved communication across the day is a major priority for the family at the time.

Summary of Developmental Domains Evaluated and Developmental Scores

Domain	Test Used	Score(s)	Developmental Delay
ADAPTIVE	Observation and parent report	Click or tap here to enter text.	Atypical Development
COGNITIVE	Click or tap here to enter text.	Click or tap here to enter text.	Choose an item.
COMMUNICATION	Click or tap here to enter text.	Click or tap here to enter text.	Choose an item.
MOTOR	Peabody Motor Scales II	10 th percentile	Equivalent to a delay of at least 25%
SOCIAL EMOTIONAL	Click or tap here to enter text.	Click or tap here to enter text.	Choose an item.

Established Conditions

Established Conditions Category	List Medical Condition
Chromosomal Abnormality/Genetic Disorders	1p36 microdeletion

Severe Sensory Impairment	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.

At-Risk Conditions

At-Risk Category	List Biological and/or Family At-Risk Factor from Eligibility Policy
Parent has Serious Concern	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.
Choose an item.	Click or tap here to enter text.

Recommendations to Enhance Child's Participation

The team will meet and review all information to make a final determination regarding eligibility. The following recommendations may be used for IFSP planning and development.

Family Routine/Activity	Recommendations
Playtime	Continue offering Ariel opportunities to play with puzzles, shape sorters and other fine motor activities as supported by the vision and developmental specialist in preparation for transition to preschool.
Playground	Focus on walking on uneven surfaces, up/downstairs, up/down inclines with better speed and balance. Encourage activities that are challenging to her balance such as obstacle courses and playground equipment. Also, work on visual-motor and coordination with balls. All exercises should be completed with adult supervision and when the child is awake/alert to prevent injury.
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Other Recommendations

Recommend ordering a larger pair of Chipmunk shoe orthotics size 6.0 Narrow.

During the evaluation/assessment, Ariel's parents are wondering if they should be looking a communication system for Ariel as they have learned other children with Ariel's condition are successfully learning how to use them.

This report has been completed based upon the information gathered from a valid, recognized WVBTT assessment or evaluation tool and additional information has been gathered from the family.

My printed name, credentials, signature below will affirm and attest to that fact:

Printed Name: Madison White

Contact Phone: 304-999-9999

Signature:

Madison White

Date:

7/15/21