

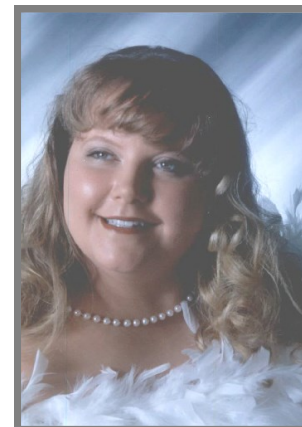


## Volunteer Newsletter

### Jessica Sapp: Volunteer Highlight

Jessica Sapp is a long time, faithful WVBCCSP volunteer from Grafton. She is the youngest of five children and has sixteen nieces and nephews. Some of her hobbies include scrapbooking, photography, music, movies, spending time with family and friends and, of course, volunteer work. She volunteers for many programs and organizations including her church.

Jessica first began volunteering while a member of Future Business Leaders of America (FBLA) when she was still in high school. That experience led her to volunteer for other organizations like Adopt an Angel and Needy Families. She has also volunteered at her church with projects like assembling Thanksgiving and Christmas food baskets for missions in her area every year. Jessica started working at the Preston/Taylor Community Health Center, Inc. in high school and was hired full time after graduating. She has worked there for fifteen years, first as the CHIPS Outreach Coordinator and now as the Front Desk Receptionist. Serving as the Front Desk Receptionist she is very familiar with the WVBCCSP, especially the enrollment process. With her knowledge of the Program, volunteer spirit and heart for helping women in her own community, volunteering for WVBCCSP was a natural fit for Jessica. She is very active in the Annual Walk for Women in Grafton. Jessica feels that working in the community where she lives is an asset. The people there already know her and that makes it easier for them to work together.



Jessica Sapp,  
WVBCCSP Volunteer

October, Breast Cancer Awareness Month (BCAM), is fast approaching and Jessica, with help from other WVBCCSP volunteers, will be meeting soon to begin plans for the 2014 Grafton Walk for Women. Thank you Jessica for your years of volunteer service.

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If you have not started planning for BCAM, please contact the Health Information Specialist in your area for information about WVBCCSP activities in October.

Thelma Workman, southeastern WV (Region A), 304-324-2841  
Anna Reno, mid-western WV (Region B), 304-275-0339  
Shelly Dusic, northwestern WV (Region C), 304-293-2370  
Ruthie Watts, northeastern WV (Region D), 304-257-5419



## Cervical Cancer Awareness Month



Cervical Health Awareness Month (CHAM) was observed during January 2014. The WVBCCSP Health Information Specialists and volunteers organized many CHAM activities and shared cervical health information with over 3,500 women across the state. Many WVBCCSP screening providers, staff and partners participated in the second annual **Wear Teal Day** on Friday, January 10th. These activities were a fun way to remind women to get their cervical cancer screening and to talk with their doctors about what screening schedule is right for them.

Staff at River Valley Health and Wellness Center  
in Jackson County on  
Wear Teal Day



## Heart Health Month

Heart Health Month was observed during February 2014. Many WVBCCSP partners celebrated Friday, February 7th, as **Wear Red Day**. The red dress has become a nationally known symbol for Heart Health Month, encouraging women to talk with their doctors about prevention and screening options for heart attacks and strokes.



Staff at Wirt County Health Services Association, Inc.  
in Wirt County on  
Wear Red day