

SUMMER

**WV Birth to Three
2017 Summer
Quarterly**

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Sand and Water Ocean Sensory Bin



SAND PLAY DOUGH *with loose parts*



Sand Play Dough

1 cup of all-purpose flour

1 cup of fine beach sand

1/4 cup of salt

1 tablespoon of cream of tartar

1 tablespoon of vegetable oil

1 tablespoon of glycerine

3/4 cup of boiling water

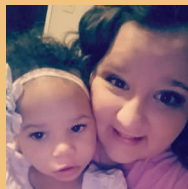
Whisk the top set of ingredients together in a large bowl. Add the boiling water and mix well with a wooden spoon. When cool enough to do so, dump the dough out onto the counter and give it a good knead. Let it cool completely (this will get rid of any residual stickiness) and then play!

Parent Partner
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Save the Date

- May 12th-14th WV Kids Consignment Sale at the Pumpkin Park in Milton from 10am– 5pm
- May 13th Mother Daughter tea at Chick-Fil– A in Southridge at 9am
- May 14th Mother’s Day Brunch at Gritts Farm starting at 1pm
- May 17th Cabell County Baby Shower at 2849 5th Ave Huntington starting 11am to 1 pm
- May 20th Arts and Crafts Bazaar at 610 19th Street Huntington starting at 10 am
- May 20th Dinosaur Zoo at the Clay Center starting at 10 am
- May 20th Walk with Me Youth in Foster Care at Appalachian Power Park starting at 9 am
- June 3rd TRICON at the Big Sandy Superstore Arena in Huntington from 10 am to 6pm
- June 4th Lunch with Mickey and Minnie at the Madison Civic Center at 3pm
- June 7th—10th Pinch Fire Prevention Carnival at the Pinch Fire Department from 6 pm to 10 pm
- June 8th CPR and First Aid training at the Cabell EMS starting at 6pm
- June 10th Kids to Park Day at the Wine Cellar Park in Dunbar from 10am to 2pm
- June 16th– June 18th Disney’s Beauty and the Beast at Ritter Park in Huntington from 8:30pm on June 16th and June 18th at 11:30 pm
- July 16th West Virginia Reptile Expo at the Arena in St Albans from 10 am to 4pm
- July 21st Nitro Circus Live at the University of Charleston from 7pm to 9pm

Why Bubbles?

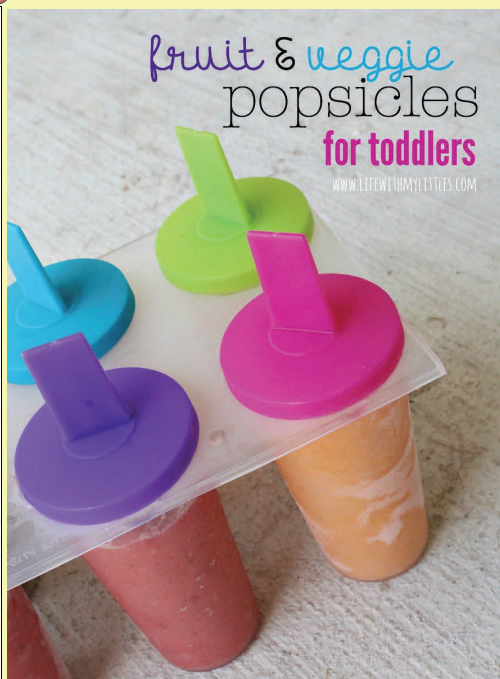
Bubbles are a fun way for your child to work on a host of developmental skills such as:

- Fine motor skills
- Visual tracking skills
- Hand/eye coordination
- Sensory processing skills
- Oral motor skills
- Gross motor skills
- Cognitive skills

Babies love them too! And they can be found at your local dollar store . This is a great way to get your child engaged and moving this summer!



Healthy Summer Treats



FROZEN FRUIT YOGURT POPS



These homemade healthy frozen treats would be great for a hot summer day!

Fruit and Veggie Popsicle

You can mix the fruit and veggie blend that you prefer with a few spoonfuls of yogurt. After blending, pour the mixture into popsicle molds or ice trays and freeze.

Frozen Yogurt Pops

Dice up your fruit of choice and fill 1/4 of the bottom of each cup in a ice tray. Then you can top off each cup with your choice of yogurt. Place popsicle sticks in each cup and freeze overnight.

Outdoor Fun

Supplies needed:

Two 4oz bottles of WASHABLE glue

1 cup of white flour

Food coloring

Sandwich bags for each color

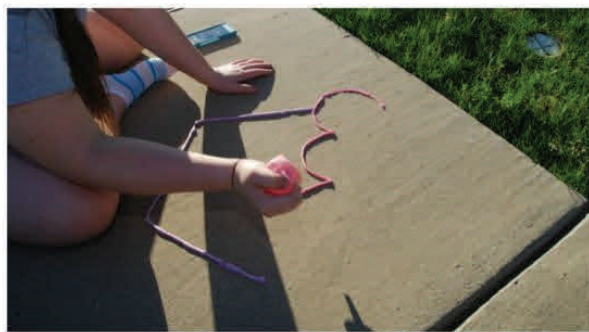
Scissors

1 large freezer bag

Directions:

First pour the 1 cup of white flour in and pour the 2 bottles of glue on top in the large freezer bag. Knead for a couple of minutes until ingredients are mixed well. Then divide into the smaller bags and add food coloring. You can cut the corners of the bags and have children decorate or you can squeeze into bottles (tie-dye bottles pictured). HAVE FUN!

- This comes off of sidewalks easily
- You can allow children to use this mixture on paper for rainy days
- This helps your child's fine and gross motor skills
- Sparks imagination



DIY Sidewalk FOAM PAINT



Learn about story times at your local libraries at :

Kanawha County

Cabell County

Clay County

Putnam County

<http://kanawhalibrary.org/>

<http://cabell.lib.wv.us/>

<http://clay.lib.wv.us/>

<http://putnam.lib.wv.us/>

Boone County

Roane County

Jackson County

<http://bcpl.org/>

<http://roanecountylibrary.org/>

<http://jackson.park.lib.wv.us/>



Meet the Curry Family

I always knew about Birth To Three services because both my sister and aunt were speech therapists working for Birth To Three. My son Trevor was showing speech delays early on. When he still was not saying much around his 2nd birthday, I had my sister call in a Birth To Three referral for him. The team we had was excellent (Renee Kessinger, Developmental, Jennifer Bowen, SLP, Shelly Perry, OT, and Leah Cart, Service Coordinator). I learned so much about sensory processing disorder, and why my son was always on the go. They taught me how to do joint compressions and other calming things when he was overwhelmed. I learned how to do hand-over-hand to help him finish tasks, and I learned great strategies to try to get him talking more and clearer, such as putting the object near your mouth when naming it so that he would see how to form the word. He responded very well to songs and finger plays like Row, Row, Row Your Boat. I still use a lot of these strategies today and he is now five and starting Kindergarten this Fall.

Shortly after Trevor exited Birth To Three, my youngest son, Tanner, entered the program with similar concerns (delayed speech and some sensory behaviors). Tanner was a bit different than Trevor. Rather than being a sensory "seeker" like his brother, he was a sensory "avoider". The team (Renee Kessinger, Developmental, Rebecca Brammer, SLP, Shelly Perry, OT, Marianna Sexton, PT, and Leah Cart, Service Coordinator) helped me to work on different strategies with him, such as encouraging messy and tactile play, especially when he was very apprehensive. He refused to touch shaving cream, play doh, even a large koosh ball the OT brought. As time went on, we noticed some other things I may not have noticed on my own. The team encouraged me to take him to Cincinnati Children's Hospital for some "second eyes" to see if anything was going on. The developmental pediatrician there referred us to genetics and ophthalmology (due to an eye turning in that two previous eye doctors never really gave us answers about). The geneticist was able to pinpoint that Tanner had actually been born with a duplicate copy of chromosome 7 (instead of one copy from each parent, he got two from the same parent). This was starting to answer some of our concerns even though information about this is very new. He received an MRI and there were some interesting things found from that as well that explain some his delays. He continues to receive follow up care at Cincinnati Children's.

While Tanner was in the program I started working as a Birth To Three service coordinator. I wanted to help families the same way I was helped. I have been blessed with the opportunity to share my experience with other parents and give them some of the strategies my children's practitioners provided me. When Tanner turned three, he transitioned into a preschool special needs classroom. This experience has also helped me better as a service coordinator to guide parents through this process and help answer questions they may have and calm fears they may have.

Early intervention is such an essential part of parenting today, with the rise in developmental delays, prenatal drug use, and genetic abnormalities that we see now. I have experienced first hand what it is like to have a child receive early intervention services, how the team helped to equip me with the knowledge and skills I needed to help my kids daily in different aspects of our lives, and how to pass this experience and knowledge gained on to other parents to help them on their own journey through the program.

Melissa Curry Service Coordinator

serving Cabell and Wayne County

All About WV Birth to Three

WV Birth to Three is a statewide system of resources and supports for children under age three who have a delay in their development, or may be at risk of having a delay, and their family. The Department of Health and Human Resources, through the Bureau for Public Health and the Office of Maternal, Child and Family Health, WV Birth to Three, as the lead agency for Part C of the Individuals with Disabilities Education Act (IDEA), assures that family centered, community based services are available to all eligible children and families. These services are funded in part by the Individuals with Disabilities Education Act (IDEA), Part C, through the U.S. Department of Education and the West Virginia Department of Health and Human Resources (the state's lead agency responsible for implementation), Bureau for Public Health, Office of Maternal, Child and Family Health, in cooperation with the West Virginia Early Intervention Interagency Coordinating Council.

Who is eligible?

An infant or toddler under the age of three can either have a delay in one or more areas of their development, or be at risk of possibly having delays in the future. A child may have delays in one or more of the following areas:

Cognitive - thinking and learning

Physical - moving, seeing and hearing

Social/emotional - feeling, coping, getting along with others

Adaptive - doing things for him/herself

Communication - understanding and communicating with others

A child may have risk factors such as:

A condition which is typically associated with a developmental delay such as Down Syndrome; or

A combination of biological and other risk factors. Some of these factors may include family stressors.

How do I make a referral?

To refer a child to the WV Birth to Three system in-state, complete the WVBTT Referral Form and forward to the office that services the child's location .

You may also call

1-866-321-4728



Region III

Serving Clay, Jackson, Kanawha, and Roane Counties

To make a referral call:

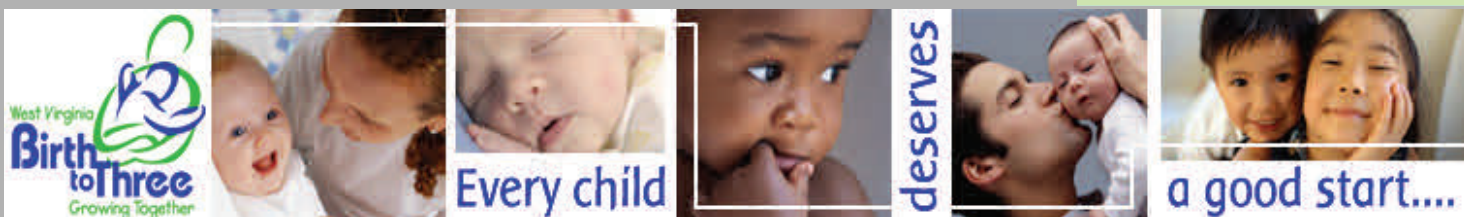
(304)414-4460

Region IV

Serving Boone, Cabell, Lincoln, Logan, Mason, Mingo, Putnam, and Wayne Counties

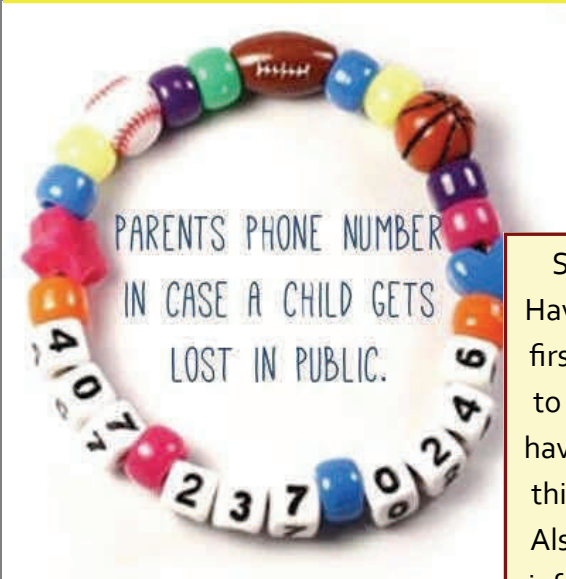
To make a referral call:

(304) 523-5556



Keeping Your Child Safe

ID bracelets are a great way to keep your children safe on vacation. This is something simple you can make at home with your child. If your child has a special need this would also be a great way to share in case of emergency.



Summertime means more families traveling for vacation. Having an ID for your child and other family members will help first responders in case of an emergency. There are also ways to make your own with a few simple items. An index card can have all the information the first responders need. You can put this on the bottom of the child's seat or also in the glove box. Also a label or sticker on the car seat or belt stating where the information will be. It is always a great idea to be prepared for the unknown.



Road trips can be hard with your toddlers, but thinking ahead could save you the headache and chaos. Pictured on the right is a caddy from the dollar tree that has made eating on the go a little easier. When rushing to get where you are going this would be a great help, with less chance of a mess. On the left are just some general ideas that may spark your imagination on creating something for your road trip.



Laundry Baskets and Toddlers?

alternate use for
laundry basket
diy baby bath tub



Benefits in the bathtub

- Keeps toys in reach of your child
- Helps child feel secure
- Helps baby transition from baby tub to a large tub
- Limited movement helps prevent slips and falls



Laundry Baskets and Your Child's Development

- Push toy for walking if the basket is flipped over
- Can be used to thread scarves in and out of holes
- Throwing balls into it working on hand-eye coordination
- Helps infant have a secure play area with support
- Ball Pit
- Indoor hockey with fly swatter and balloon
- Children can push each other around in the hamper
- Drive In Movie experience laundry basket style
- Creativity and imagination are stimulated
- Child can learn to pull up to stand
- Baby can learn to sit independently
- Pulling activity

